

Nutritional Analysis	Vanilla		Chocolate Chip		Oatmeal Raisen		Peanut Butter		Spice		Lemon No Sugar Added		Oatmeal No Sugar Added	
	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*
Serving Size	1 Cookie		1 Cookie		1 Cookie		1 Cookie		1 Cookie		1 Cookie		1 Cookie	
Amount per Serving	2 oz (56.7g)		2 oz (56.7g)		2 oz (56.7g)		2 oz (56.7g)		2 oz (56.7g)		1.5 oz (43g)		1.5 oz (43g)	
Calories	260		260		250		260		230		157		180	
Fat	13g	20%	13g	20%	12g	18%	13g	20%	10g	15%	5g	7%	10g	15%
Saturated	2.5g	13%	3.5g	18%	2.5g	13%	3g	15%	2.5g	13%	N/A		N/A	
Trans	0g		0g		0g		0g		0g		0g		0g	
Cholesterol	0mg	0%	10mg	3%	10mg	3%	0mg	0%	0mg	0%	0mg	0%	0mg	0%
Sodium	200mg	8%	180mg	8%	180mg	8%	190mg	8%	160mg	7%	100mg	4%	190mg	8%
Carbohydrate	28g	9%	30g	10%	29g	10%	27g	9%	27g	9%	20g	7%	22g	8%
Sugars	15g		19g		17g		15g		13g		0g		1g	
Dietary Fibre	2g	8%	2g	8%	2g	8%	2g	8%	1g	4%	7g	25%	6g	24%
Protein	7g	14%	6g	12%	6g	12%	8g	16%	9g	18%	8g	16%	7g	14%
Vitamin A	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%				
Vitamin C	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%				
Vitamin K	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%				
Calcium		2%		2%		4%		8%		2%				
Iron		10%		10%		10%		10%		6%				
Phosphous	54mg		54mg		54mg		38mg		60mg		53mg		37mg	
Potassium	120mg	3%	130mg	4%	140mg	4%	150mg	4%	110mg	3%	33mg	3%	55mg	3%

Ingredients:

Enriched Wheat Flour ¹ , Shortening ² , Invert Sugar, Sugar (Sucrose), Rolled Oats, Soy Protein Isolate, Canola Oil, Soy Flour, Egg Whites, Invert Sugar, Date Paste, Apple Juice Concentrate, Honey, Evaporated Whole Milk, Natural & Artificial Flavor, Baking Soda (Sodium Bicarbonate), Salt (Sodium Chloride) and Alpha-Cellulose (Wheat Fibre).	Enriched Wheat Flour ¹ , Shortening ² , Chocolate Chips, Invert Sugar, Sugar (Sucrose), Rolled Oats, Soy Protein Isolate, Canola Oil, Soy Flour, Egg Whites, Corn Syrup, Date Paste, Apple Juice Concentrate, Honey, Evaporated Whole Milk, Baking Soda (Sodium Bicarbonate), Salt (Sodium Chloride), Alpha-Cellulose (Wheat Fibre), Natural & Artificial Flavor.	Shortening ² , Enriched Wheat Flour ¹ , Invert Sugar, Sugar (Sucrose), Raisens, Rolled Oats, Soy Protein Isolate, Canola Oil, Soy Flour, Whole Eggs, Corn Syrup, Date Paste, Apple Juice Concentrate, Honey, Evaporated Whole Milk, Cinnamon, Baking Soda (Sodium Bicarbonate), Salt (Sodium Chloride) and Alpha-Cellulose (Wheat Fibre), Natural & Artificial Flavor and Cloves.	Enriched Wheat Flour ¹ , Shortening ² , Invert Sugar, Sugar (Sucrose), Peanut Butter, Rolled Oats, Soy Protein Isolate, Soy Flour, Egg Whites, Invert Sugar, Date Paste, Glycerine, Calcium, Natural & Artificial Flavor, Baking Soda (Sodium Bicarbonate), Salt (Sodium Chloride) and Alpha-Cellulose (Wheat Fibre).	Shortening ² , Enriched Wheat Flour ¹ , Rolled Oats, Whey Protein Isolate, Invert Sugar, Brown Sugar (Sucrose), Corn Syrup, Molasses, Water, Egg Whites, Baking Soda (Sodium Bicarbonate), Cinnamon, Allspice,, Natural & Artificial Flavors and Nutmeg.	Enriched Wheat Flour ¹ , Sunflower Shortening, Polydextrose, Egg Whites, Erythritol, Whey Protein Isolate, Soy Flour, Non-fat Dry Milk, Natural Flavors, Glycerine, Fructigosaccharide, Acacia Gum, Salt, Baking Soda, Baking Powder, Creat of Tarter, Sucralose, Acesulfame Potassium.	Enriched Bleached Wheat Flour ¹ , Vegetable Shortening (Interesterified Soybean Oil), Oats, Malitol, Polydextrose, Butter, Erythritol, Soy Protein Isolate, Maltodextrin, Egg Whites, Whole Grain Wheat Flour, Soy Flour, Potato Flour, Non-Fat Dry Milk, Acacia Gum, Salt, Baking Soda, Natural & Artificial Flavors, Cinnamon, Baking Powder, Sucralose, Acesulfame Potassium.
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* Percent Daily Values are based on a 2,000 calorie diet

¹ Enriched Wheat Flour contains Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid.

² Shortening contains Partially Hydrogenated Soybean and Cottonseed Oils

³ Chocolate Chips contain Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Salt and Artificial Flavoring

	RE/GEN SNACK BEVERAGE						NUTRA/PRO DRINK MIX				EGG/PRO POWDER	
	Vanilla		Vanilla-NSA		Strawberry		Vanilla		Strawberry			
Serving Size	1 Carton		1 Carton		1 Carton		1 Packet		1 Packet		1 packet	
Amount per Serving	6 oz (177ml)		6 oz (177ml)		6 oz (177ml)		26g		26g		2 Tbsp (11g)	
	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*	Amount	% Daily Value*
Calories	375		345		375		110		110		37	
Fat	17g	19%	16g	19%	17g	19%	1g	1%	1g	1%	0g	0%
Saturated	1g	6%	1g	6%	1g	6%	1g	4%	1g	4%	0g	0%
Trans	0g		0g		0g		0g	0%	0g	0%	0g	0%
Cholesterol	15mg	3%	15mg	3%	15mg	3%	0mg	4%	0mg	4%	0mg	0%
Sodium	180mg	8%	188mg	8%	180mg	8%	95mg	2%	95mg	2%	137mg	2%
Carbohydrate	47g	15%	35g	9%	47g	15%	7g	1%	7g	1%	>1g	<1%
Sugars	17g		3g		17g		0g		0g		0g	
Dietary Fibre							6g		6g		0g	
Protein	12g	20%	14g	22%	12g	20%	17g	26%	17g	26%	10g	15%
Vitamin A	0g	0%	0g	0%	0g	0%		0%		0%		
Vitamin C	0g	0%	0g	0%	0g	0%		100%		100%		
Vitamin K	24mcg	20%	24mcg	20%	24mcg	20%		0%		0%		
Calcium	15mg	3%	15mg	3%	15mg	3%		10%		10%		
Iron	0g	0%	0g	0%	0g	0%		0%		0%		
Magnesium	3mg	<1%	3mg	<1%	3mg	<1%		0%		0%		
Phosphous	68mg	7%	90mg	9%	68mg	7%	28mg		30mg		10mg	
Potassium	23mg		30mg		23mg		13mg		0mg		123mg	1%

Ingredients:

Water, Maltodextrin (Corn), Canola Oil, Sugar (Sucrose), Whey Protein Isolate, Sodium Caseinate, Natural and Artificial Flavor, Distilled Monoglycerides, Soy Lecithin, Potassium Phosphate Dibasic, Tetrasodium Pyrophosphate, Guar Gum, Calcium Sulfate, Carrageenan. Contains Milk.	Water, Maltodextrin (Corn), Canola Oil, Whey Protein Isolate, Sodium Caseinate, Natural and Artificial Flavor, Distilled Monoglycerides, Soy Lecithin, Acesulfame Potassium, Potassium Phosphate Dibasic, Tetrasodium Pyrophosphate, Guar Gum, Cellulose Gum, Calcium Sulfate, Carrageenan. Contains Milk.	Water, Maltodextrin (Corn), Canola Oil, Sugar (Sucrose), Whey Protein Isolate, Sodium Caseinate, Strawberry Natural and Artificial Flavor, Distilled Monoglycerides, Soy Lecithin, Potassium Phosphate Dibasic, Tetrasodium Pyrophosphate, Guar Gum, Calcium Sulfate, Carrageenan. Red Color #40. Contains Milk.	Whey Protein Isolate, Resistant Dextrin (soluble fibre), Medium Chain Triglycerides, Carboxymethyl Cellulose (food fiber), Natural & Artificial Flavors, Salt, Aspartame, Titanium Dioxide (food color).	Whey Protein Isolate, Resistant Dextrin (soluble fibre), Medium Chain Triglycerides, Carboxymethyl Cellulose (food fiber), Natural & Artificial Flavors, Salt, Citric Acid, Aspartame, Titanium Dioxide, FD&C Red No. 40 and Yellow No.6.	Egg Whites, Soy Lecithin and Natural Mixed Tocopherols.
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